FRESH DEALS
SEPT 20 - SEPT 26

certified organic and local produce

Organic Purple Kale (origin California)
$1.99/ea
reg. 2.99/ea

Organic Brocolini (origin California)
$1.99/ea
reg. $2.99/ea

Organic Cantaloupe (origin California)
$.69/lb
reg. $1.49/lb

Organic Yellow Onions (origin California)
$1.69/lb
reg. $1.99/lb

Organic Lemons (origin Mexico)
$1.99/lb
reg. $2.89/lb

Local Okra (origin Arizona)
$3.49/lb
reg. $4.99/lb

Organic Valley Raw Cheeses

$4.69/
8 oz

Organic Valley Grassmilk Yogurt

5/$5
6 oz

certified organic dairy
Resources for Regeneration
Monday, September 25 @ 6:00 pm - 8:00 pm

What does it mean to be regenerative? How can we become regenerative in our relationships to people, place and the planet? What are some resources, books, local and regional organizations? We will be sharing ideas and asking lots of questions.

Featuring the Desert Dreams DVD and samples of desert foods to nourish and inspire us. $10 registration required. See link for details.

Cost: $10 Hoff Building, behind the Co-op

WEEKEND SPECIAL
Friday, Saturday and Sunday only

Organic nectarines
$1.99/lb

Organic Nectarines (origin California)
$1.99/lb
reg. $3.99/lb